## Mepiform FAQ

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## What is Mepiform?

Mepiform is a micro-thin, self-adherent soft silicone dressing for scar care.

## How does Mepiform work

Silicone gel dressings have empirically been shown to have positive impact on red and raised scars (hypertrophic scars and keloids). However, the mechanism of action for silicone on scars is not yet completely understood. Mepiform is designed to flatten, soften and fade red and raised scars, thus making them less visible

#### For which types of scars can I use Mepiform?

Mepiform is ideal for the treatment of both old and new scars that are red and raised. Mepiform can also be used on newly healed closed wounds to prevent the formation of red and raised scars.

## What kind of scars is not suitable for treatment?

Mepiform has no effect on old, flat, white scars.

### How long time does it take before I see any result?

The length of treatment time will differ from person to person and depends on the condition and the age of the scar. First results may be seen already after 2 months, however the improvement of the scar may continue for up to a year under treatment.

As a preventative treatment Mepiform may be used for at least 1 month. The effectiveness of the treatment is dependent on the wearing time. Mepiform is designed to be worn 24 hours per day for optimum results. Since Mepiform is thin, comfortable and conforms well to body contours it can be worn during most daily activities.

#### Will my scar dissapear completely?

Mepiform can soften, fade and flatten your scar and improve the appearance of your skin. However, some evidence of the scar may remain.

#### Can Mepiform be used on children?

Yes, when used as directed it is safe to use on children

#### How soon can Mepiform be used after an injury?

Mepiform can be used as soon as the wound is completely closed. Do not use on open, infected wounds or over scabs.

## If my scar is bigger than the dressing, may I join pieces together?

You can use more than one dressing and join pieces together edge to edge. You can also cut the dressing to the size and form desired.

## What is Mepiform made of?

Mepiform consists of a polyurethane and viscose non-woven laminate covered with a soft silicone gel.

### Will Mepiform prevent scarring?

Mepiform can be used on newly healed closed wounds to prevent the formation of red and raised scars.

## Is there clinical evidence that Mepiform works?

There are several clinical studies confirming that Mepiform works, please see Reference list.

#### Should Mepiform be cleaned?

No. Mepiform does not have to be cleaned. Mepiform should be changed when the dressing no longer sticks in place, which generally occurs after 3-7 days usage, depending on the location of the scar area.

## Is there any consensus among professionals in scar treatment?

There is a consensus for silicone gel sheeting in scar management by an international group of professionals scar experts; International Clinical Recommendations on Scar Management. Mustoe TA et al. Plast. Reconstr. Surg. 2002 Vol. 110, No 2, 560-571.